SLAM POETRY : It's a testimony of a victim, a bully and a bystander

I was a victim of bullying. I was a bully and I had a victim. I was a bystander and I saw it all.

I was alone and helpless. I was the person who stole from you. I was the person who looked away.

I was intimidated and insulted at school. I was a person who called you rude names. I was so sorry because this situation was overwhelming.

I was not as muscular and popular as the bully. I was a powerful person. I was worried to become a victim of bullying.

You, NEVER look away ! You, ALWAYS act and help a victim ! You, ALWAYS intervene and speak with a trustful adult ! EVERYONE AGAINST BULLYING !

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